

EXPLORERS COURSE 2026: Surgical & Medical Management of Airway Disease in Otolaryngology — *Hybrid*

Live: January 22 – 24, 2026

Pre-Work: December 22, 2025 – March 23, 2026

Fairmont Sonoma Mission Inn & Spa, Sonoma, CA

Pre-Work	
Session	Faculty
Immunology of Allergy	Jennifer Villwock, MD, FAAOA
Allergen Characteristics and Standardization	Scott Fortune, MD, FAAOA
Allergen Classes	John Krouse, MD, PhD MBA, FAAOA
Cross-Reactivity Selection	Christopher Brook, MD, FAAOA
The Great Allergy Panel Bake Off: What/How Many Antigens do you test for	Mona Patadia, MD, FAAOA; Scott Fortune, MD, FAAOA; Meha Fox, MD, FAAOA; Rebecca Kamil, MD, FAAOA; Farrah Siddiqui, MD, FAAOA
Skin Testing I: Testing Board, Controls, Indications and Contraindications	Rebecca Kamil, MD, FAAOA
Skin Testing 2: Skin Prick Testing and Modified Quantitative Testing	Scott Fortune, MD, FAAOA
Specific IgE Testing	Meha Fox, MD, FAAOA
Avoidance and Environmental Control	Farrah Siddiqui, MD, FAAOA
Pharmacotherapy for Allergic Rhinitis Part II: Treatment and Guidelines	Michael Platt, MD, MSc, FAAOA
Immunology and Principles of Immunotherapy	Farrah Siddiqui, MD, FAAOA
SCIT Vial Prep and Protocol	Kevin Wilson, MD, FAAOA
SLIT Vial Prep: Escalation, Maintenance, Withdrawal	Mona Patadia, MD, FAAOA
Use of Biologics in Respiratory Disease	Dana Crosby, MD, MPH, FAAOA

Thursday, January 22				
Duration	Start Time	End Time	Session	Faculty
30	6:00 PM	6:30 PM	Demo Labs	
5	6:30 PM	6:35 PM	Welcome to California	Jennifer Villwock, MD, FAAOA, Course Director
15	6:35 PM	6:50 PM	Overview of Environmental Extremes & Their Impact on Allergic and Inflammatory Airway Disease	Stella Lee, MD, FAAOA
15	6:50 PM	7:05 PM	Impact of Precipitation, Hurricanes, and Flooding on Allergies and Airway	William Reisacher, MD, FAAOA
15	7:05 PM	7:20 PM	Heat, Drought, Fire and Inflammatory Airway disease	Stella Lee, MD, FAAOA
15	7:20 PM	7:35 PM	What's the deal with PM?	Stella Lee, MD, FAAOA
15	7:35 PM	7:50 PM	Air Quality and Pollen Monitors — Accuracy & Clinical Implications	William Reisacher, MD, FAAOA
15	7:50 PM	8:05 PM	Special Populations of Exposures — Farmers, Veterans, and More!	John Krouse, MD, PhD, MBA, FAAOA

30	8:05 PM	8:35 PM	Reception or Non-AAOA Satellite Product Theater TBD	
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Friday, January 23				
Duration	Start Time	End Time	Session	Faculty
30	6:00 AM	6:30 AM	Demo Labs	
10	6:30 AM	6:40 AM	Welcome & Course Overview	Jennifer Villwock, MD, FAAOA
15	6:40 AM	6:55 AM	An Immunodeficiency Primer — Basics of the Mechanisms Contributing to Sinus and Airway Disease	Meha Fox, MD, FAAOA
15	6:55 AM	7:10 AM	Otolaryngology Manifestations of immunodeficiency	Kenneth Rodriguez, MD
15	7:10 AM	7:25 AM	Essential Components of Immunodeficiency Work-Up	Meha Fox, MD, FAAOA
10	7:25 AM	7:35 AM	Are All Immunoglobulin Deficiencies Created Equal?	Kenneth Rodriguez, MD
15	7:35 AM	7:50 AM	Autoimmune Disorders Manifesting in the Upper Airway	Robert Stachler, MD, FAAOA
15	7:50 AM	8:05 AM	Essential Components of Autoimmune Work-Up	Peter Filip, MD, FAAOA
15	8:05 AM	8:20 AM	Recalcitrant Sinus Cases — Immunodeficiency or Autoimmune Disorder?	Kenneth Rodriguez, MD; Meha Fox, MD, FAAOA; Peter Filip, MD, FAAOA
15	8:20 AM	8:35 AM	Phone a Friend — What Our Immunology and Rheumatology Colleagues Wish We Did before Referring	Haidy Marzouk, MD, MBA, FAAOA
15	8:35 AM	8:50 AM	Panel — Immunodeficiency and Autoimmune Cases	Moderator: Jennifer Villwock, MD, FAAOA Panelist: Peter Filip, MD, FAAOA; Kenneth Rodriguez, MD; Michelle Liu, MD, MPH, FAAOA
30	8:50 AM	9:20 AM	Demo Labs	
20	9:20 AM	9:40 AM	"Sinus" Headaches — Best Practices in Evaluating, Diagnosing, Treating	Keith Sale, MD, FAAOA
15	9:40 AM	9:55 AM	Sinus Manifestations of Migraine	Jennifer Villwock, MD, FAAOA
20	9:55 AM	10:15 AM	Approaches to Treating Migraine and Non-Sinus "Sinus" Headaches	John Krouse, MD, PhD, MBA, FAAOA
15	10:15 AM	10:30 AM	Frontal Sinus Disease — In-Office Pearls	Peter Filip, MD, FAAOA
15	10:30 AM	10:45 AM	Frontal Sinus Disease — OR Pearls	Kenneth Rodriguez, MD
60	10:45 AM	11:45 AM	Non-AAOA Satellite Event TBD	
285	10:45 AM	3:30 PM	MIDDAY BREAK	
30	3:30 PM	4:00 PM	Aperitivo Demo Labs	
15	4:00 PM	4:15 PM	Healthy Sinuses — Biomes	Stella Lee, MD, FAAOA
15	4:15 PM	4:30 PM	The Sinus Microbiome — Overview of Importance	Jennifer Villwock, MD, FAAOA
15	4:30 PM	4:45 PM	Common Causes of Microbiome Derangement	Haidy Marzouk, MD, MBA, FAAOA
30	4:45 PM	5:15 PM	Role of Topical Antibiotics in Acute, Chronic, and Recalcitrant Sinusitis	Meha Fox, MD, FAAOA
15	5:15 PM	5:30 PM	The Sinus Virome	Stella Lee, MD, FAAOA
25	5:30 PM	5:55 PM	Microbiome Assessment — Cultures & Beyond	Peter Filip, MD, FAAOA
15	5:55 PM	6:10 PM	Recalcitrant Sinusitis — Surgical Techniques & Pearls	Kenneth Rodriguez, MD

30	6:10 PM	6:40 PM	Demo Labs	
15	6:40 PM	6:55 PM	The Microbiome & Allergies	Haidy Marzouk, MD, MBA, FAAOA
10	6:55 PM	7:05 PM	Immunotherapy's Impact on Airway Microbiome	Meha Fox, MD, FAAOA
30	7:05 PM	7:35 PM	Panel — Challenging Recalcitrant Cases	Moderator: Jennifer Villwock, MD, FAAOA Panelist: Peter Filip, MD, FAAOA; Kenneth Rodriguez, MD
			Non-AAOA Satellite Product Theater TBD	

Saturday, January 24				
Duration	Start Time	End Time	Session	Faculty
30	6:00 AM	6:30 AM	Demo Labs	
15	6:30 AM	6:45 AM	Ocular Complaints — When Is It Allergy?	Haidy Marzouk, MD, MBA, FAAOA
15	6:45 AM	7:00 AM	Ocular Complaints — When to Refer?	Keith Sale, MD, FAAOA
15	7:00 AM	7:15 AM	Endocrine Influences on Allergy — Menopause	Michelle Liu, MD, MPH, FAAOA
15	7:15 AM	7:30 AM	Endocrine Influences on Allergy — Puberty	Michelle Liu, MD, MPH, FAAOA
15	7:30 AM	7:45 AM	Nutraceuticals, Probiotics, and Other Supplements for Inhalant Allergies & Asthma? What Does Evidence Say?	Haidy Marzouk, MD, MBA, FAAOA
15	7:45 AM	8:00 AM	Beyond Avoidance — Nontraditional Therapies for Food Allergy	William Reisacher, MD, FAAOA
15	8:00 AM	8:15 AM	Safety & Surgical Considerations of Natural Remedies	Robert Stachler, MD, FAAOA
40	8:15 AM	8:55 AM	Demo Labs	
20	8:55 AM	9:15 AM	Worst Questions...and Best Answers: Pediatric Allergy	Haidy Marzouk, MD, MBA, FAAOA Michelle Liu, MD, MPH, FAAOA
15	9:15 AM	9:30 AM	Worst Questions...and Best Answers: Allergy immunotherapy	Robert Stachler, MD, FAAOA John Krouse, MD, PhD, MBA, FAAOA William Reisacher, MD, FAAOA
15	9:30 AM	9:45 AM	Worst Questions...and Best Answers: Recalcitrant Sinusitis	Peter Filip, MD, FAAOA Kenneth Rodriguez, MD Stella Lee, MD, FAAOA Meha Fox, MD, FAAOA
30	9:45 AM	10:15 AM	Worst Questions...and Best Answers: Your "Sinus" Issues Are Not Coming from Your Sinuses	John Krouse, MD, PhD, MBA, FAAOA Keith Sale, MD, FAAOA William Reisacher, MD, FAAOA
30	10:15 AM	10:45 AM	Demo Labs	
25	10:45 AM	11:10 AM	Case Wrap-Ups	TBD
15	11:10 AM	11:25 AM	Case Wrap-Ups	TBD
15	11:25 AM	11:40 AM	Case Wrap-Ups	TBD
25	11:40 AM	12:05 PM	Wine's Effects on Health: Allergy or Intolerance	John Krouse, MD, PhD, MBA, FAAOA